



**American  
Stroke  
Association.**  
*A division of the  
American Heart Association.*

## **Stroke Hero Awards 2020 Nominations FAQ**

### **Why are the Stroke Hero Awards changing?**

The American Stroke Association will launch the new Stroke Hero Awards in 2020 as it proudly carries the torch for the National Stroke Association and its RAISE Awards. The Stroke Hero Awards now combines the best elements of both organizations' efforts to honor stroke survivors and those who support them.

### **In which category should I submit my nomination?**

Please review the Stroke Hero Awards category descriptions at [stroke.org/heroawards](https://stroke.org/heroawards) and decide whether your nominee belongs in the Outstanding Survivor, Outstanding Caregiver, Outstanding Group or Outstanding Support Group category. Please submit no more than one nomination per category.

### **How do I nominate someone for an award?**

Go to [stroke.org/heroawards](https://stroke.org/heroawards), click on the link to the nomination form for the appropriate category, and submit your nomination.

### **Can I nominate myself or a group I am part of?**

Absolutely! We encourage you to do so since no one knows your story or what your group does as well as you do. If nominating yourself in the Outstanding Survivor or Outstanding Caregiver categories, just enter your name as the person submitting the nomination and as the nominee.

### **Are there any restrictions on nominations?**

The two limitations for participation in the Stroke Hero Awards are:

- Nominees and those submitting nominations must be at least 18 years old.
- Nominees and nominators must be legal residents of the United States.

Full rules are available [here](#).

### **Can I see the questions you will ask before I decide whether to complete a nomination?**

Yes. Just go to [stroke.org/heroawards](https://stroke.org/heroawards) and scroll down to the categories section, where you can preview each category's nomination questions.

### **May I nominate someone in more than one category?**

You may, but you'd probably only do so if you were nominating a survivor or caregiver who is also part of a group you want to nominate.

### **Why can't I nominate someone in the Voters' Choice category?**

The judges select the contenders for the Voters' Choice award because we receive many nominations from the other four categories. By having a narrowed set of contenders, the public can more easily review information and vote on the Voters' Choice.

### **How many nominations may I submit?**

You may submit up to four nominations — one per category. If you know more than one candidate for a category, think carefully about which one stands out.

### **Will you inform nominees that they've been nominated?**

We will do our best to let all nominees know that someone nominated them for a Stroke Hero Award.

### **May I include any supplemental materials in my nomination?**

You may submit up to three supplemental items that are each no larger than 100 MB with each nomination. File format options are:

- **Document** (DOC, DOCX, TXT, ODT or PDF)
- **Spreadsheet** (CSV, XLS, XLSX or ODS)
- **Graphic** (JPG, PNG or GIF)

### **Am I eligible to win a Stroke Hero Award in 2020 if I previously won a RAISE Award from the National Stroke Association or was previously identified as a Stroke Hero?**

Certainly! Because we have redesigned the Stroke Hero Awards, previous awards from the American Stroke Association or the National Stroke Association don't disqualify you from winning a Stroke Hero Award in 2020.

### **How will the winners be determined?**

A panel of judges will review each eligible nomination and score it based on several criteria. For more information about judging criteria and entry guidelines, visit [stroke.org/heroawards](https://stroke.org/heroawards).

### **Where do I get answers to questions that aren't addressed here?**

Contact us at [StrokeHeroes@heart.org](mailto:StrokeHeroes@heart.org).