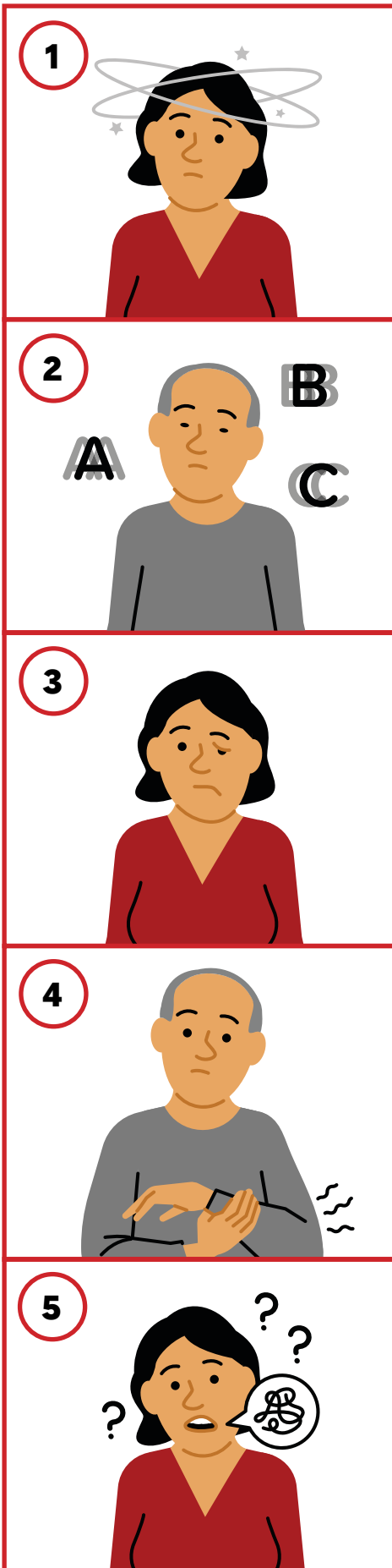




STROKE

Know the signs.

A stroke can happen to anyone, even young people. If you see the signs, call 911 to get help fast.

DON'T WAIT ➡📞 CALL 911

MOB STROKE

Paub txog cov cim qhia.

Mob hlab ntshav hauv hlwb tawg lossis txhaws (stroke) tuaj yeem tshwm sim rau txhua tus neeg, txawm yog cov hluas los xij. Yog koj pom cov tsos mob no, hu rau 911 kom tau kev pab sai sai.

TSIS TXHOB TOS ➡📞 HU RAU 911

SIGNS OF A STROKE

COV CIM TXOG TUS MOB STROKE

- 1 **Loss of balance or confusion**
Sawv tsis tus los sis tsis meej pem
- 2 **Sudden vision changes**
Pom kev txawv txav los yog pom kev tsis tseeb
- 3 **Sudden facial drooping**
Ntsej muag nrwg kiag tam siv
- 4 **Weakness in one arm or leg**
Ib sab caj npab los sis sab ceg tsis muaj zog
- 5 **Slurred or altered speech**
Kev hais lus tsis meej los sis hais tsis tau lus

stroke.org/hmong

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