



American Stroke Association.
A division of the American Heart Association.

Together to End Stroke®



I WILL Redefine My Courage.

Stroke can be beatable. Rehabilitation is key to achieving and celebrating all the small victories along your way to recovery.

It's important to start rehab as soon as possible.

The stroke journey can seem overwhelming. Rehab can help you regain your strength, your courage and yourself. If you need assistance when it comes to planning your rehab, the **American Stroke Association** can provide the tools and resources to help.

Download the
Patient Guide to Making Rehab Decisions
now at [Stroke.org](https://www.stroke.org)

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