



**American  
Stroke  
Association.**  
*A division of the  
American Heart Association.*

## Stroke Hero Awards

### 2020 Outstanding Survivor Nomination Questions

The Outstanding Survivor Stroke Hero Award honors a stroke survivor who has used their experience to educate, inspire and bring awareness to stroke locally or nationally.

1. Contact information for the person submitting the nomination:
  - Name (first and last)
  - Phone Number
  - Email Address
  - City
  - State
  
2. Contact information for the stroke survivor nominee:
  - Name (first and last)
  - Phone Number
  - Email Address
  - City
  - State
  
3. Why should this stroke survivor win the Outstanding Survivor award? (between 20 and 500 characters)
  
4. Describe how this stroke survivor educates, inspires and brings awareness to stroke on a local or national level. (between 50 and 2,000 characters)
  
5. Feel free to share a bit about the stroke survivor's story. You could include date of stroke, type of stroke, contributing factors, relevant therapies, motivation to recover and more. (4,000 characters or less) \*optional\*
  
6. Upload a supporting photo, document or file. (file size limit of 100 MB) \*optional\*
  
7. Upload a supporting photo, document or file. (file size limit of 100 MB) \*optional\*
  
8. Upload a supporting photo, document or file. (file size limit of 100 MB) \*optional\*
  
9. By submitting this nomination, I agree to the [Stroke Hero Awards contest rules](#).
  - I agree

All questions are required unless indicated as optional.