

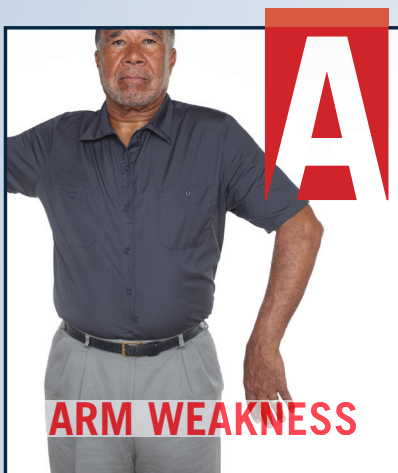
# SPOT A STROKE **F.A.S.T.**

**F.A.S.T.** is an easy way to remember the sudden signs of a stroke.



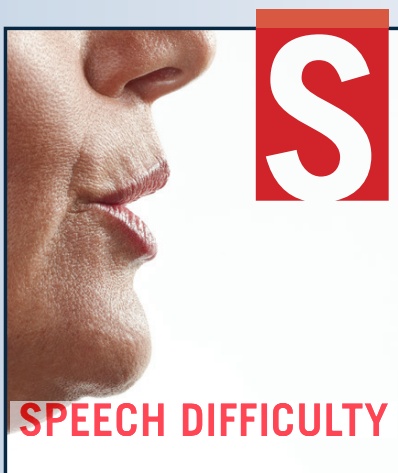
## Face Drooping

Does one side of the face droop or is it numb? Ask the person to smile.



## Arm Weakness

Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?



## Speech Difficulty

Is speech slurred, are they unable to speak, or are they hard to understand? Ask the person to repeat a simple sentence, like “the sky is blue.” Is the sentence repeated correctly?



## Time to Call 9-1-1

If the person shows any of these symptoms, even if the symptoms go away, call 9-1-1 and get them to the hospital immediately.

## Beyond F.A.S.T. – Other Symptoms You Should Know

- Sudden numbness or weakness of the leg
- Sudden confusion or trouble understanding
- Sudden trouble seeing in one or both eyes
- Sudden trouble walking, dizziness, loss of balance or coordination
- Sudden severe headache with no known cause



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