

Barriers to Diagnosis and Care of Stroke in African American Community

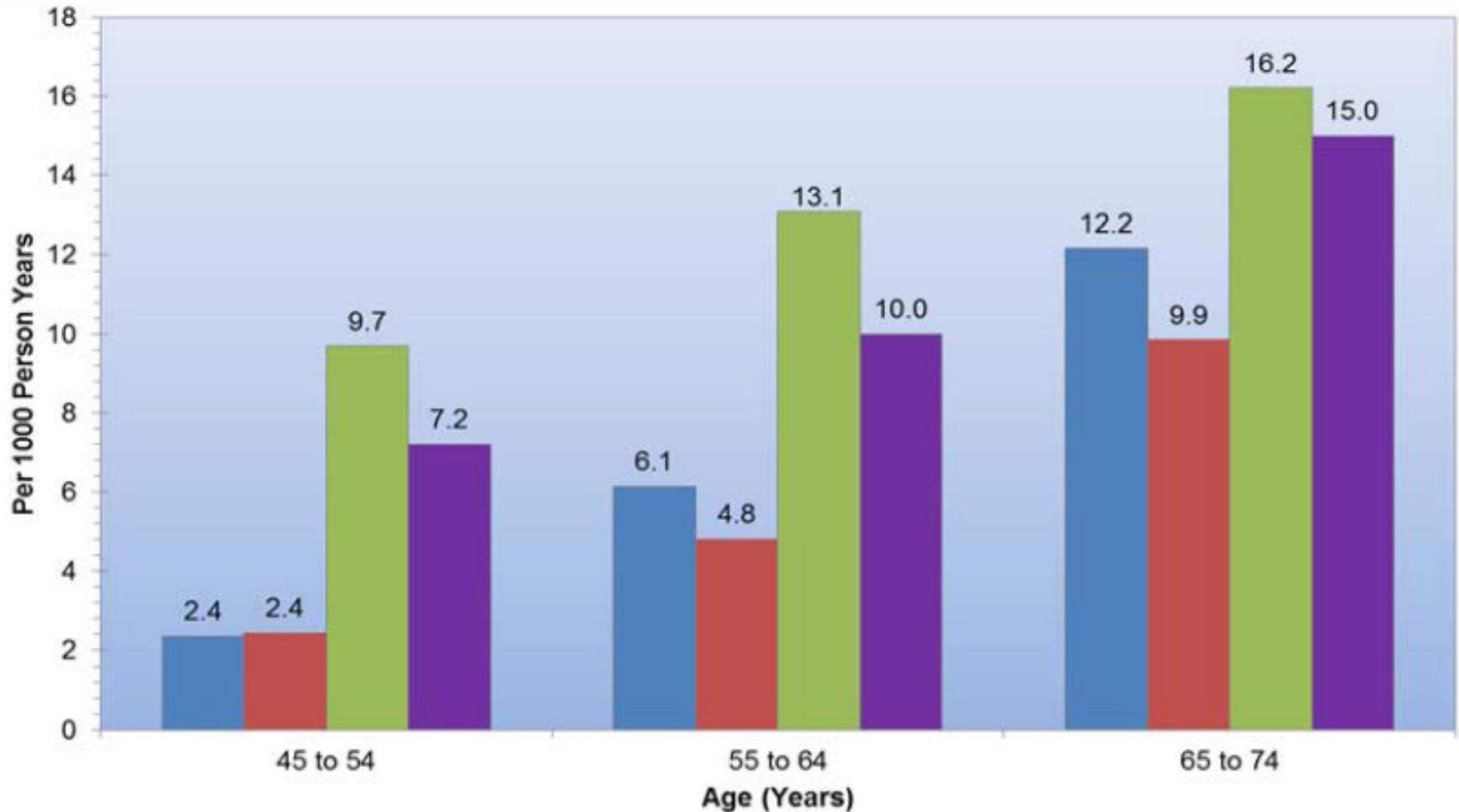


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**Cryptogenic Stroke
Public Health Conference**



Age-Adjusted Incidence of Stroke/Transient Ischemic Attack by Race and Sex, Ages 45–74, ARIC Cohort, 1987–2001



Statistics –What Numbers Are Important?

- African Americans have almost twice the risk of first-ever strokes compared to whites
- African Americans have higher death rates for stroke compared to whites.
- The prevalence of high blood pressure in African Americans in the United States is the highest in the world.
- Among non-Hispanic African Americans age 20 and older, 62.9% of men and 77.2 % of women are overweight or obese



Cryptogenic Stroke and African Americans

- Greater Cincinnati/Northern Kentucky Stroke Study –blacks have twice the annual incidence rate of cryptogenic stroke as whites
- African Americans were less likely to have a potential cardiac source of embolism, i.e. Patent Foramen Ovale (PFO) or atrial septal aneurysm
- More prone to left ventricular hypertrophy – subclinical cerebral atherosclerosis



SPRINT –Are You In The Know?



Living with high blood pressure?



80% of Strokes Are Preventable!



7 small steps to big changes.

It's easy and simple. Anyone can do it. Start with one or two!



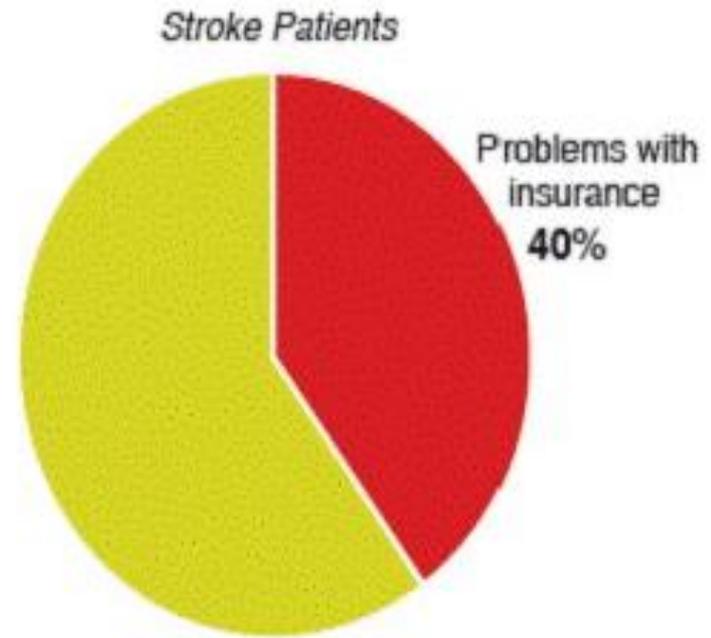
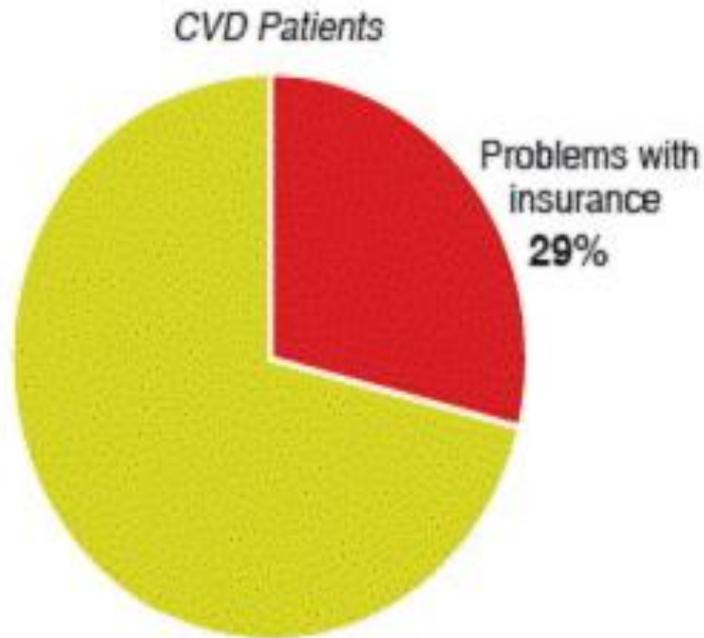
Are Disparities The Total Barrier?

- Access to health care



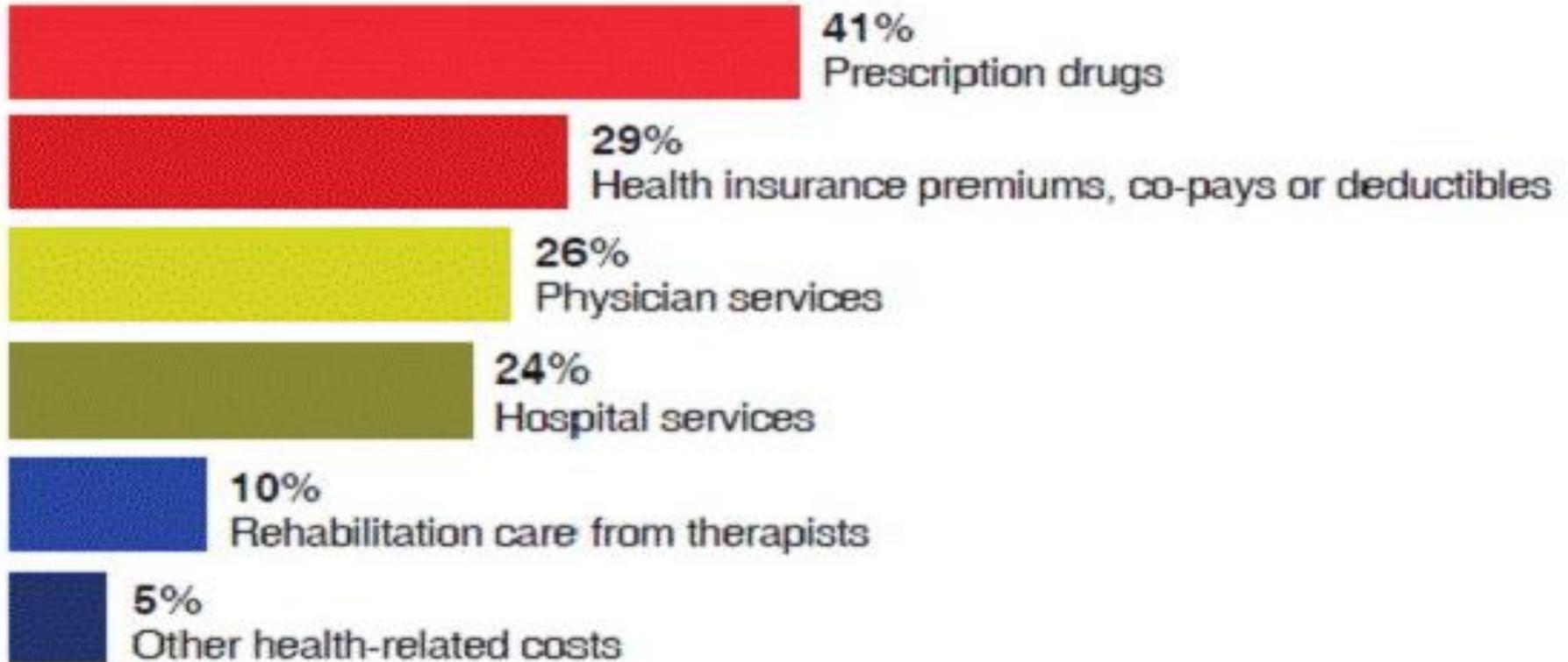
Health Care Reform

In the past 24 months, 29% of CVD patients and 40% of stroke patients reported problems with their health insurance.



Health Care Payment Challenges

Over the past couple years, CVD patients reported difficulty paying for...

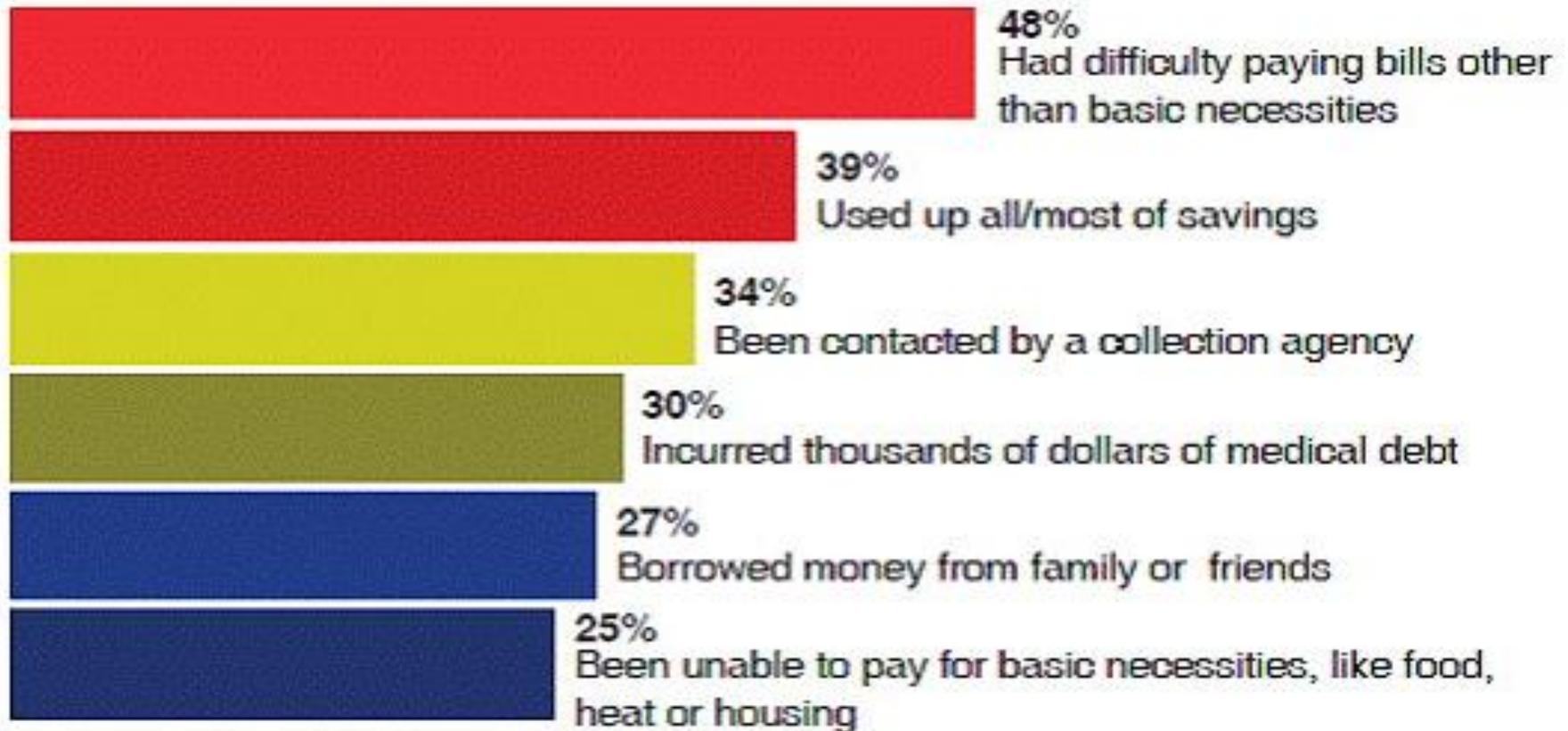


Total CVD Patients

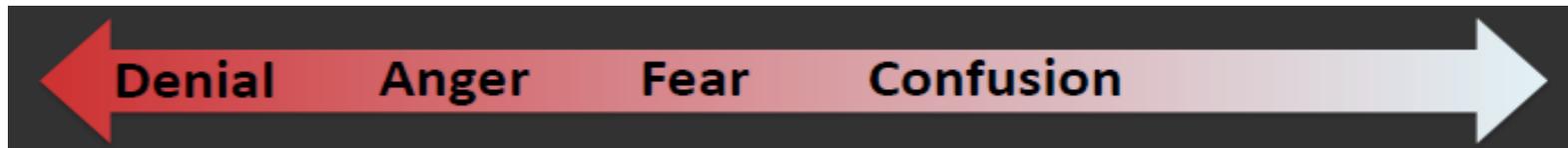


FINANCIAL PROBLEMS

What financial problems have CVD patients faced as a result of health care costs?



Health Behaviors

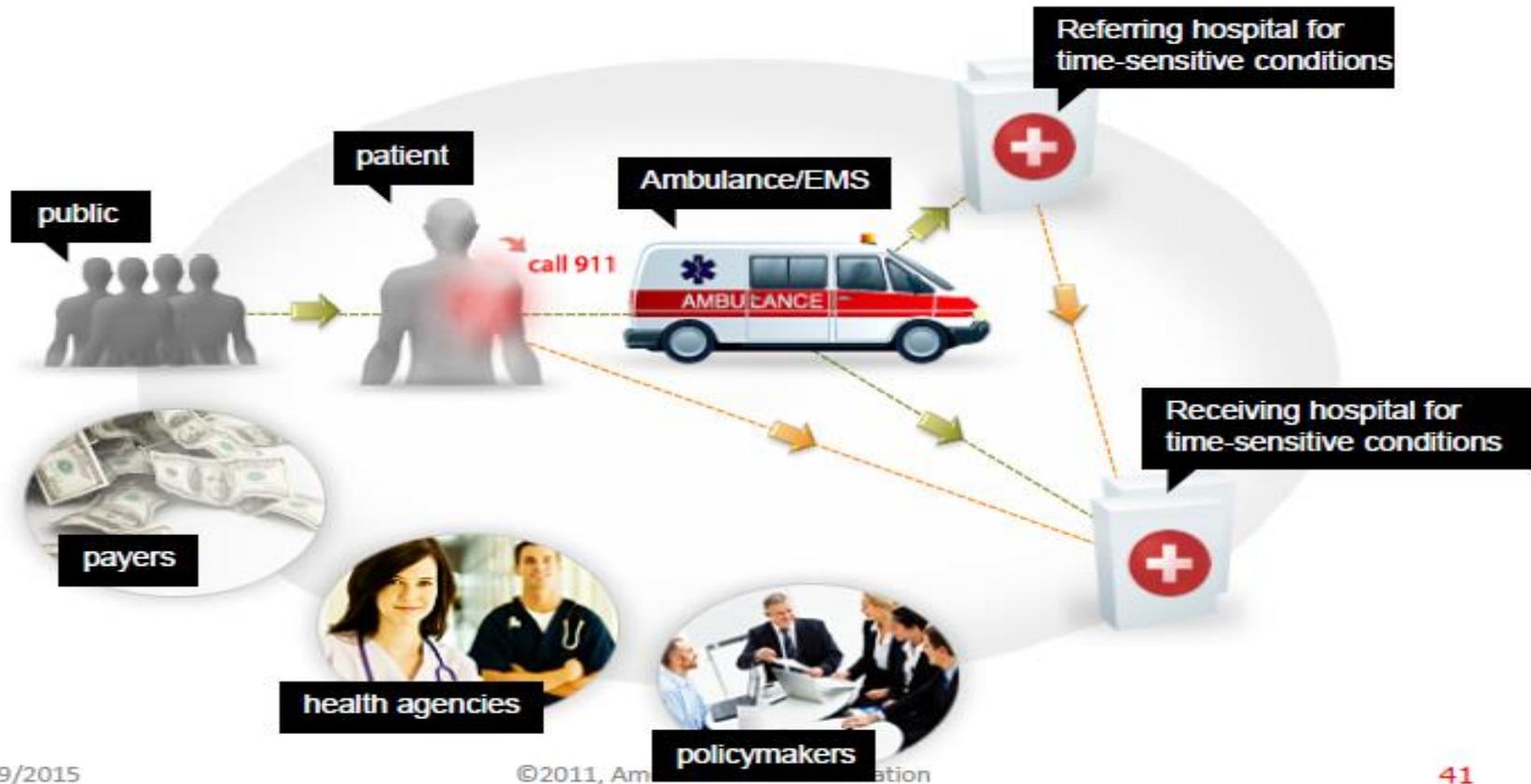


Exposure to Environmental Health Hazard





The Ideal System of Care for Time-Sensitive Conditions



9/9/2015

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American Heart Association | American Stroke Association.

life is why™



National Black Nurses Association, Inc.
NBNA



Jazz Up Your Health



JAZZ
UP YOUR HEALTH

Power to End Stroke Jazz Night
May 14, 2015 • 5:30 – 8:30 p.m.
Doors open at 5:00 pm

Trinity Family Life Center
3601 Dill Road | Richmond, Virginia 23222

Stay in tune with your health and enjoy a free evening of jazz provided by Richmond's own J. "Plunky" Branch.

Join us for a healthy dinner, giveaways, workshops, cooking demonstrations, health screenings and stroke counseling.

To RSVP please visit www.rvajazznight.org. Pre-registration is strongly encouraged.
For more information please email rvejazznight@heart.org or call 804-965-6517.





**Together
to End Stroke™**

