

Screening Tool to Assess Need for Rehabilitation

REHABILITATION:

** Rehabilitation evaluation is essential for optimal patient outcome. PT, OT and ST consults should be obtained, depending upon the resources available within the facility. Consider the use of telehealth for these services.

Rehabilitation Scale for determining need of Acute Inpatient Rehabilitation Facility

Consider an Acute Inpatient Rehabilitation Facility, even if it means travel for the patient and family.¹

Does your patient need assistance with any of the following?

Mobility:

Bed Mobility Yes No
 Transfers Yes No
 Walking Yes No

Communication/Cognition:

Verbal Communication Yes No
 Decision-making Yes No
 Problem Solving Yes No

ADLs:

Bowel Yes No
 Bladder Yes No
 Feeding Yes No
 Grooming Yes No
 Dressing Yes No
 Bathing Yes No

** If the answer is YES to One (1) or more items in One (1) or more category, strongly consider calling an admission coordinator at one of the in-patient rehabilitation facilities. (see CARF Rehab list)

Coordinators will review the following criteria:

- * Medical Stability- determined by accepting rehabilitation physician.
- * Adequate therapy tolerance- at least 3 hours daily, 5 days per week or more. Therapy notes from referring facility will be reviewed to determine therapy tolerance.
- * Need for Interdisciplinary services- PT and OT and possibly ST and/or Prosthetic and Orthotic Services and the need for 24-hour rehabilitation nursing services.
- * Discharge anticipated to Non-Institutional setting- family and/or caregiver may need to be identified prior to admission, especially if the patient is likely to need assistance after discharge.
- * Admission is usually subject to financial review prior to acceptance for in-patient rehabilitation.

¹ Management of Adult Stroke Rehabilitation Care: A Clinical Practice Guideline. Pamela W. Duncan, Richard Zorowitz, Barbara Bates, John Y. Choi, Joanthan J. Glasberg, Glenn D. Graham, Richard C. Katz, Kerri Lamberty and Dean Reker. Stroke 2005;36:e-100-e143.