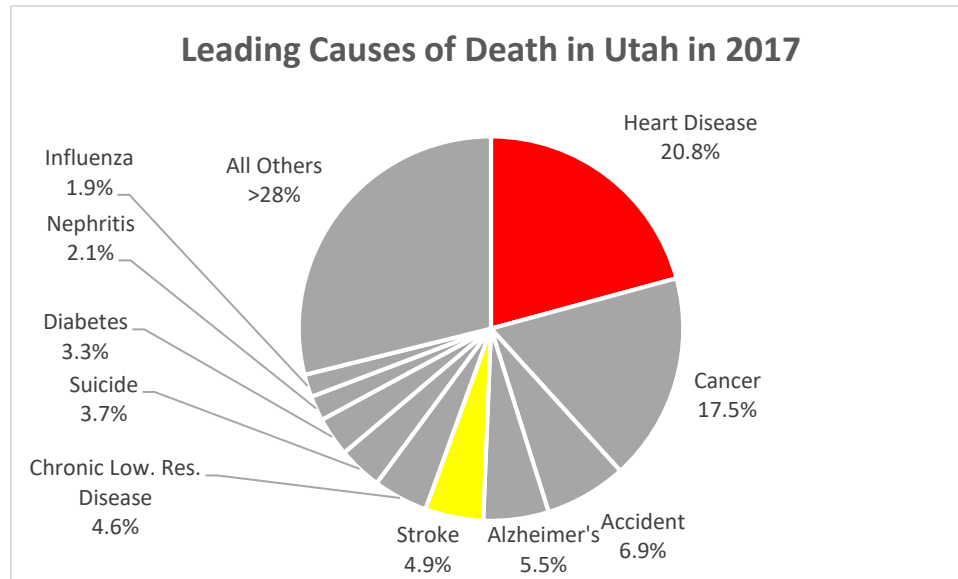




# Utah Fact Sheet



**Utah has the 20th lowest death rate from cardiovascular disease in the country.\*\***

- Heart disease is the no. 1 killer in Utah\*
- 3,749 people in Utah died of heart disease in 2017\*
- Stroke is the no. 5 killer in Utah\*
- 888 in Utah died of stroke in 2017\*

### Heart Disease and Stroke Risk Factors in Utah\*\*\*

	<u>Utah</u>	<u>US</u>
Adults who are current smokers	8.9%	17.1%
Adults who participate in 150+ min of aerobic physical activity per week	54%	50.6%
Adults who are overweight or obese+	58.6%	66.6%
Adults who have been told that they have had a heart attack	2.8%	4.2%
Adults who have been told that they have had a stroke	2.1%	3%
Adults who have been told that they have angina or coronary heart disease	2.7%	3.9%
Population of adults (18-64) who have some kind of health care coverage	87.5%	89.5%
High school Students who are obese++	9.6%	14.8%
Percentage of population covered by Medicaid/Chip+++	10%	19%

\* List includes Puerto Rico and D.C. Based on total number of deaths in 2015. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2017  
 ^ Also known as COPD (Chronic Obstructive Pulmonary Disorder); COPD and allied conditions (including asthma); the term in the ICD/10 is "chronic lower respiratory diseases."  
 \*\* Based on 2014-2016 age-adjusted death rates. American Heart Association. Heart Disease and Stroke Statistics: 2019 Update. A Report from the American Heart Association. Circulation.  
 \*\*\*Centers for Disease Control and Prevention. Behavioral Risk Factor Surveillance System Survey, 2017.  
 + Includes only cigarette smoking  
 ++ Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.  
 +++ Students who were ≥ 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2017  
 ++++ Kaiser Family Foundation US and State Medicaid Fact Sheets, 2017