Consensus Guidelines
Pregnant Women with Heart Disease

Chaired by:

- **Pregnancy with Congenital & Valvular Heart Diseases**
  - Prof. Dr. Mehnaz Atiq
    Liaquat National Hospital.
    (Paediatric Cardiologist)
  - Prof. Dr. Ishtiaq Rasool
    General Secretary Pakistan Cardiac Society

- **Pregnancy with Hypertension**
  - Prof. Dr. M. Ishaq
    Consultant Cardiologist
    Past General Secretary PHL

- **Pregnancy with Heart Failure**
  - Prof. Dr. Abdul Samad
    Consultant Cardiologist
    Past General Secretary PCS

- **Women Cardiology**
  - Prof Khalida Soomro
    Co-ordinator For Go Red For Women Program in Pakistan

- **Moderator**
  - Prof. Dr. Zainab Samad
    A.K.U.H, Karachi

**Agenda:**

- **Congenital Heart & Valve disease in Pregnancy**
  - Dr. Elisa A. Bradley,
    The Ohio State University USA

- **Pregnancy and Pulmonary Arterial Hypertension**
  - Dr Saira Bukhari,
    AKUH, Karachi

- **Break 15 mins**

- **Obesity, Diabetes – Connecting the Dots in Women with Heart Failure**
  - Prof Uzma Khan,
    University of Missouri columbo Ohio

- **Vote of Thanks and Closing Remarks**
  - Prof. Dr. Babar Haroon Aziz

- **Break 15 mins**

- **Hypertension in Pregnancy and Post-Partum**
  - Dr. Garima Sharma,
    John Hopkins university Usa

- **Guidelines for the management of Pregnancy with Heart Diseases in developing of South Asia**
  - Dr. Farhala Baloch,
    AKUH, Karachi

- **Pregnancy with complicated congenital heart diseases**
  - Prof Najma Patel
    NICVD, Karachi

**Objectives**

The aim of this review guidelines is to provide practical guidelines for the diagnosis of assessment and treatment of cardiovascular assessment of disease in pregnancy and to use an evidence-based approach to generate the consensus for recommendation in guidelines for developing countries of South Asia with quality of the evidence.