



Target: Heart Failure Discharge Criteria for Patients Hospitalized With Heart Failure

Recommended for all heart failure patients:

<input type="checkbox"/> Precipitating and exacerbating factors addressed	<input type="checkbox"/> Dietary sodium restriction and adherence
<input type="checkbox"/> Transition from intravenous to oral diuretic successfully	<input type="checkbox"/> Recommended activity level
<input type="checkbox"/> At least near optimal volume status achieved	<input type="checkbox"/> Monitoring of daily weights
<input type="checkbox"/> At least near optimal pharmacologic therapy for heart	<input type="checkbox"/> Plan to reassess volume status early after discharge
<input type="checkbox"/> Stable renal function and electrolytes within normal range	<input type="checkbox"/> Plan to monitor electrolytes and renal function early after discharge
<input type="checkbox"/> No symptomatic supine or standing hypotension	<input type="checkbox"/> Plan to titrate heart failure medications to target dose, if
<input type="checkbox"/> Patient and family education completed	<input type="checkbox"/> Plan to reinforce patient and family education post
<input type="checkbox"/> Details regarding medications and medication reconciliation	<input type="checkbox"/> Follow-up clinic visit scheduled within 7 days of hospital discharge
<input type="checkbox"/> Need for medication adherence	<input type="checkbox"/> Follow-up phone call scheduled

Should be considered for patients with advanced heart failure or recurrent admissions:

<input type="checkbox"/> Oral medication regimen stable for at least 24 hours	<input type="checkbox"/> Careful observation before and after discharge for development of renal dysfunction, electrolyte abnormalities, and symptomatic hypotension
<input type="checkbox"/> No intravenous vasodilator or inotropic agent for at least 24 hours	<input type="checkbox"/> Plans for more intensive post-discharge management (scale present in home, visiting nurse or telephone follow up no longer than 3 days after discharge)
<input type="checkbox"/> Ambulation before discharge to assess functional	<input type="checkbox"/> Referral for formal heart failure disease management

This is a general algorithm to assist in the management of patients. This clinical tool is not intended to replace individual medical judgment or individual patient needs.

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TAKING THE FAILURE OUT OF HEART FAILURE

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