How my stroke may be affecting my emotions and behavior

Take time to talk with your health care team about the specific emotional and personality effects the stroke may be causing now, or that may come up later. Make notes of things the team tells you that you’ll want to remember:

**Depression**

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________________________________________________________________________

________________________________________________________________________

**Uncontrolled crying or laughing**

(PBA, pseudobulbar affect)

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

**Anxiety**

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