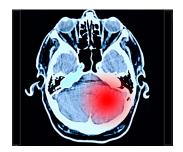


Aphasia and Stroke Discussion Guide

Aphasia is a language disorder that impairs the ability to communicate. It's most often caused by stroke-related injuries to areas of the brain, usually on the left side, that control speech and language. Having aphasia can result in isolation, anxiety, frustration and depression.

It's important for you and/or your caregiver to have an open dialogue with your health care team to:



Better understand the cause of your aphasia.



Determine a treatment plan.



Recognize the impact of aphasia.

You can use these questions to help have a productive conversation:

- 1. What is aphasia and how common is it in people with stroke?
- 2. What symptoms may suggest I'm is experiencing aphasia?
- 3. There are different types of aphasia. How do I know which type I have?
- 4. What are some strategies to help with my aphasia?
- 5. What are the treatment options for aphasia?
- 6. What's important for me to convey to my doctor to accurately diagnose aphasia?