



STROKE

Know the signs and save lives.

Strokes can happen at any time and to anyone, not just older people. When you see any of the signs below, don't wait! Call 911 immediately to get medical help. Every minute counts!

STROKE  **CALL 911**

FAALIG

Ogow calaamadaha oo badbaadi naf.

Faaligu waxa uu dhici karaa wakhti kasta kuna dhici karaa qofkasta, kaliya kuma dhaco dadka da'da ah. Marki aad aragto mid ka mid ah calaamadahaan hoose, ha sugin! Wac 911 isla markiiba si aad u hesho caawimo caafimaad. Daqiiqad kasta waa muhiim!

FAALIG  **WAC 911**

SIGNS OF A STROKE CALAAMADAHA FAALIGA

- 1 Sudden facial Drooping**
Baraliska degdegga ah ee wejiga
- 2 Slurred or altered speech**
Tartarka ama isbeddelka hadalka
- 3 Weakness in one arm or leg**
Tabar-darrida hal gacan ama hal lug
- 4 Loss of balance or confusion**
Luminta isu-dheellitirnaanta ama jahwareer
- 5 Sudden severe headache**
Madax xanuun degdeg ah
- 6 Sudden vision changes**
Isbeddelka degdegga ah ee aragga

stroke.org/somali

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