



**American
Stroke
Association.**
*A division of the
American Heart Association.*

2026 Stroke Hero Awards

Survivor Hero Nomination Questions

The Survivor Hero Stroke Hero Award honors a stroke survivor who has used their experience to educate, inspire and bring awareness to stroke.

1. Contact information for the person submitting the nomination:
 - Name (first and last)
 - Phone number
 - Email address
 - City
 - State
2. How did you hear about this year's Stroke Hero Awards?
 - AHA/ASA newsletter
 - AHA/ASA website
 - Social media post
 - Email from AHA/ASA staff friend, family member or colleague
 - AHA/ASA online community (Healthcare Network or Support Network)
 - Other organization (website, newsletter, social media, etc.)
 - Other
3. Contact information for the stroke survivor nominee:
 - Name (first and last)
 - Name of parent or legal guardian if nominee is under 18
 - Phone number
 - Email address
 - City
 - State
4. Nominee demographics:
 - Age
 - Under 18
 - 18 to 50
 - 51 or older
 - Prefer not to answer/do not know

- Gender
 - Female
 - Male
 - Transgender female
 - Transgender male
 - Nonbinary
 - Prefer not to answer
 - Other: _____
- Race
 - American Indian or Alaska Native
 - Asian
 - Black or African American
 - Native Hawaiian/Pacific Islander
 - White
 - Prefer not to answer
 - Other: _____
- Ethnicity
 - Hispanic or Latino
 - Not Hispanic or Latino
 - Prefer not to answer
- Risk factors and health conditions related to the stroke: *optional*
 - Atrial fibrillation (AFib)
 - Diabetes (Type 1 or 2)
 - Epilepsy or seizures
 - High blood pressure
 - Lifestyle-related (physical inactivity, smoking, etc.)
 - Prefer not to answer/do not know
 - Other: _____

5. Why should this stroke survivor win the Survivor Hero award? (75 words or less)
6. Describe how this stroke survivor educates, inspires and brings awareness to stroke. (250 words or less)
7. Feel free to share a bit about the stroke survivor's story. You could include date of stroke, type of stroke, contributing factors, relevant therapies, motivation to recover and more. (500 words or less) *optional*
8. Link for supporting material. *optional*
9. Link for supporting material. *optional*

10. This nomination is: (select one)

- A self-nomination.
- For someone else. The nominee is aware that I am nominating them for this award, and they have agreed to be considered.

11. By submitting this nomination, I agree to the [Stroke Hero Awards contest rules](#).

- I agree

All fields are required unless indicated as optional.