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Key Facts About Stroke

FACT #1: stroke kills brain cells
Stroke happens when a clot or rupture interrupts blood flow to the brain. Without oxygen-rich blood, brain cells die.

FACT #2: types of stroke
Ischemic caused by a clot, Hemorrhagic caused by a rupture and Transient Ischemic Attack (TIA) or “warning stroke” caused by a temporary blockage.

FACT #3: about one in four stroke survivors is at risk for another
Fortunately, up to 80 percent of second clot-related strokes may be preventable.

FACT #4: prevention is key
Had a stroke? Work with your doctor to identify the cause and create a plan to prevent another. This may include managing high blood pressure, making healthy lifestyle choices and taking medications as recommended by your doctor.
After an ischemic stroke or TIA, most patients will be prescribed an antiplatelet or anticoagulant therapy.

FACT #5: time lost is brain lost
Now that you know prevention, here’s how you spot one.

F.A.S.T.

Learn the FAST warning signs:
F Face Drooping
A Arm Weakness
S Speech Difficulty
T Time to Call 911

The HCA Healthcare Foundation is a national supporter of Together to End Stroke®.