

Time: \_\_\_\_\_ MG/DL: \_\_\_\_

## **Blood Glucose Tracker**

	Week of:		
SUNDAY		THURSDAY	<b>/</b>
Time:	MG/DL:	Time:	MG/DL:
Time:			
Time:			
Time:	MG/DL:		
Time:	MG/DL:	Time:	
MONDAY		FRIDAY	
Time:	MG/DL:	Time:	MG/DL:
Time:	MG/DL:	Time:	MG/DL:
Time:			MG/DL:
Time:			MG/DL:
Time:			
TUESDAY		SATURDAY	<b>,</b>
Time:	MG/DL:	Time:	MG/DL:
Time:	MG/DL:	Time:	MG/DL:
Time:	MG/DL:	Time:	MG/DL:
Time:	MG/DL:	Time:	MG/DL:
Time:	MG/DL:	Time:	MG/DL:
WEDNESD	AY	Weight:	
Time:	MG/DL:		
Time:	MG/DL:	Questions for my healthcare team:	
Time:	MG/DL:		
Time:	MG/DL:	Use as many spaces as needed or add more to record your	

individual daily blood glucose readings.

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