



## Appealing Desserts Participant PRE-Survey

Please answer the questions below **before** you complete the *Appealing Desserts* experience.

1. What is your name? \_\_\_\_\_

2. What is today's date? \_\_/\_\_/\_\_\_\_  
MM DD Y Y Y Y

3. Please circle the number that best represents your **current knowledge** of the topic below:

	Low Knowledge		Medium Knowledge		High Knowledge	Not applicable
The differences between naturally occurring sugars and added sugars	1	2	3	4	5	6
The recommended daily limits for added sugar for men, women, & children	1	2	3	4	5	6

4. Please circle the number that best represents your **current confidence** that you can do the following:

	Not at all confident		Somewhat confident		Very Confident	Not applicable
Prepare a dessert using fruit	1	2	3	4	5	6
Read a food label to determine the amount of added sugar in a food item	1	2	3	4	5	6



## Appealing Desserts Participant POST-Survey

Please answer the questions below **after** you complete the *Appealing Desserts* experience.

1. What is your name? \_\_\_\_\_

2. After participating in the *Appealing Desserts* experience, please circle the number below that best represents your **current knowledge** of the topic below:

	Low Knowledge		Medium Knowledge		High Knowledge	Not applicable
The differences between naturally occurring sugars and added sugars	1	2	3	4	5	6
The recommended daily limits for added sugar for men, women, & children	1	2	3	4	5	6

3. Please circle the number that best represents your **current confidence** that you can do the following:

	Not at all confident		Somewhat confident		Very Confident	Not applicable
Prepare a dessert using fruit	1	2	3	4	5	6
Read a food label to determine the amount of added sugar in a food item	1	2	3	4	5	6

4. Please rate the **quality of your overall experience** with *Appealing Desserts*. Circle your choice below.

Poor	Below Average	Average	Above Average	Excellent	Undecided
1	2	3	4	5	6

5. How likely are you to **recommend** the *Appealing Desserts* experience to a friend, family member, or co-worker? Circle your choice below.

Extremely unlikely	Unlikely	Neutral	Likely	Extremely likely	Undecided
1	2	3	4	5	6