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Who benefits from aspirin?

Guidelines recommend low-dose aspirin for people with a history of cardiovascular disease (secondary prevention) and certain people at high risk for a first heart attack or stroke (primary prevention).

Secondary Prevention

Aspirin benefits people with:

- Heart attack
- Ischemic stroke
- Transient ischemic attack
- Angina
- Coronary artery stents
- Coronary artery bypass surgery
- Symptoms of peripheral artery disease
- Increased risk for preeclampsia during pregnancy

Primary Prevention

Aspirin benefits people with:

- A 10-year risk of heart attack or stroke greater than 10 percent
- Women, including those with diabetes, whose stroke risk is high enough for the benefits to outweigh the risks
- Chronic kidney disease that is not severe

Source: American Heart Association