



American  
Heart  
Association.



## Flu Shot 411

I'm not even thinking about the flu. 🙄



But the flu is likely to spread easily this season.

🤔 We didn't get the flu last year.



Yes, but since it wasn't as active, our bodies have less protection 🤧

I'm hesitant to get a 💉 flu shot.



😊 Don't be. It's safe and will protect you from getting sick.

Why should I get the flu shot?



To help keep those around you healthy and safe too!

So, it protects more than just me?



Yes, the flu shot helps keep you and your loved ones safe. 😍



**Get your flu shot today!**  
[heart.org/flu](https://heart.org/flu)

