



GETTING TO THE  
**HEART OF STROKE™**



*"What can I do to manage my AFib?"*

*"How does my AFib impact my risk for stroke?"*

*"How can I make him feel better?"*

*"How can I give her hope?"*

*"Do others with AFib feel this way too?"*

**MyAFibExperience®**

**YOU ARE NOT ALONE.**

*Atrial fibrillation (AFib) affects millions of Americans — not just patients, but the loved ones who care for them as well. Patients may feel alone, scared or depressed. Caregivers may be tired, confused or overwhelmed.*

That's why **MyAFibExperience** exists: so real people can share their real stories and make a real difference in people's lives.

Signing up at **MyAFibExperience.org** is easy, and membership is free — putting advice, encouragement and reliable, helpful information at your fingertips whenever you need it.

**Sign up for HEALING**

Find emotional support by sharing your experiences, monitoring your progress and celebrating your achievements with others who are facing a similar journey.

**Sign up for HELP**

Get practical advice from other patients, family members, friends and caregivers who have asked the same questions you now face.

**Sign up for HOPE**

Read stories of encouragement and share the strength of real people — just like you — who live with AFib.

**Make a connection. For life. MyAFibExperience.org**

The American Heart Association and StopAfib.org  
are collaborating to support atrial fibrillation patients.



The HCA Healthcare Foundation is a national supporter of Getting to the Heart of Stroke™.

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