



OUR MISSION:

To be a relentless force for a world of longer, healthier lives.



American Heart Association.



2023-2024
AMERICAN HEART ASSOCIATION
Heart Ball Ambassador Program



The Heart Ball Ambassador Program is an inclusive leadership development program, community engagement and health education program for Wichita area high school sophomores

OVERVIEW OF OUR CURRICULUM

Ambassadors begin meeting in August and typically meet the last Thursday of each month, until the conclusion of the program in May. Additional details will be provided to families throughout the program.

- **Ambassador Family Kickoff**
- **Speed Networking with AHA Board of Directors**
- **Living a Heart Healthy Life with the YMCA**
- **Ambassador Annual Call-A-Thon**
- **Holiday Community Service Project**
- **Hands-Only CPR & AED Training**
- **2024 Wichita Heart Ball - February 10, 2024**
- **Understanding Health Equity**
- **Tour with a Cardiologist**
- **End of Year Celebration & Party!**

WHAT'S REQUIRED & HOW TO APPLY

Submit a completed application, letter of reference, deposit or full payment AND signed agreement. See application for financial options.

***Need-based scholarships are available, first come first serve.**

Requirements

- **2023-2024 High School Sophomore (Greater Wichita & Surrounding)**
- **1 Letter of Reference from a non-family member**
- **Completed application & full contribution OR deposit.**
- **Strive to attend all Ambassador programs and activities and be a positive brand Ambassador for the Association**
- **Demonstrate leadership qualities and responsibility toward keeping commitments.**

HEART BALL AMBASSADOR PROGRAM

Ambassadors are a group of selected high school sophomores who participate in educational and social programs and activities. The Ambassadors will be presented at the American Heart Association's Heart Ball in February 2023. The activities will occur during the 2023-2024 school year.

The Ambassador program is intended to be fun and prepare young leaders to be future heart advocates.

Becoming an ambassador is an excellent resume builder, since these young men and women have the opportunity to learn valuable leadership development skills and network with peers. Attending the required sessions will equate to community services hours earned. (1.5 hour per session)



Questions or for more information:

Heather Smart
heather.smart@heart.org



2023 Heart Ball Ambassador Application

First: _____ Last: _____

Phonetic Spelling: _____

Home Address: _____

Email: _____

Date of Birth: _____ Ethnicity: _____

How do you identify, please circle: He/Him She/Her They/Them

School Attending: _____

Sibling(s), Ages & School: _____

I am interested in being a social media ambassadors for the AHA: Yes ___ No ___

Instagram Handle: _____ Twitter: _____ TikTok: _____

For the following questions, you may attach additional sheets if needed.

What do you hope to gain from your experience as a Heart Ball Ambassador?

How do you currently exhibit a heart-healthy lifestyle?

What are your other activities or special interests?

List three adjectives that your friends would use to describe you?

How do you demonstrate responsibility towards keeping your commitments?

What is your personal connection to the American Heart Association?

Has anyone in your family or friends had heart disease or stroke?

Please share any volunteer experience you have.

How did you hear about the Heart Ball Ambassador Program?

All Ambassadors will receive a t-shirt.

T-Shirt Size, please circle: Small Medium Large XLarge 2XLarge

Is there anything else you would like to share, that we have not asked?

Guardian Information

Parent 1 _____

Phonetic Spelling: _____

Primary Contact

Company/Employer: _____

Home Address: _____ City _____ Zip _____

Email: _____

Home Phone: _____ Business Phone: _____ Cell: _____

**If parents are separated please include step parent contact info: _____

Parent 2: _____

Phonetic Spelling: _____

Primary Contact

Company/Employer: _____

Home Address: _____ City _____ Zip _____

Email: _____

Home Phone: _____ Business Phone: _____ Cell: _____

**If parents are separated please include step parent contact info: _____

**Billing address: Parent 1 ___ or Parent 2 ___ (if different)

Parent Signature(s): _____ Date: _____

_____ Date: _____



American
Heart
Association.

Ambassador Important Contact Form

The best ways to reach the Ambassador is:

Email: _____

Text: _____

Calling my Cell or Home Phone: (Please circle cell or home) _____

Contacting my guardian: _____

The American Heart Association is allowed to release information about my program participation to the following individuals.

(Please list parents, guardians, caregivers and or school professionals.)

In case of emergency please notify:

Contact 1: Name _____ Phone number: _____

Email: _____

Contact 2: Name _____ Phone number: _____

Email: _____

Contact 3: Name _____ Phone number: _____

Email: _____

FINANCIAL CONTRIBUTION

Option 1 - I am fulfilling the below financial obligation

- \$2,500 (Standard) \$5,000 (Cor Vitae Society) \$10,000 (Program Sponsor)

Option 2 - I would like to apply for a need-based scholarship.

- Yes, I am applying for the need based scholarship. No Deposit Required.
If selected, I promise to fulfill the Ambassador Code & Mission Statement to totality for the program.

PAYMENT OPTIONS

I prefer to fulfill the total financial obligation at this time

- By Check - made out to the American Heart Association
 By Credit Card - fill out credit card information below

I prefer to pay fees in four installments, with \$250 deposit due with application.

- By Check - made out the American Heart Association
 By Credit Card - fill out credit card information below

- I prefer to apply for the need-based scholarship. No deposit required.

Installment schedule

May: \$250.00 (deposit w/application)
June: \$400.00
July: \$400.00
August: \$400.00
September: \$400.00
October: \$400.00
November: \$250.00

If choosing installments, select the desired date of the month to run your credit card.

Credit Card will be run monthly, until balance is paid. If needing to delay a payment, let staff know. Total amount is due by January 8, 2024.

- 1st 15th 30th

Required Documents Checklist:

- ___ Completed Application
___ Letter of recommendation (attached with application)
___ Signed Code & Mission Agreement
___ Required Payment: (\$250 deposit OR complete payment made with application)

CREDIT CARD INFORMATION

Credit Card (circle one) MasterCard VISA AMEX Discover

Credit Card number: _____ CVC (3digits): _____

Expiration: _____

Name as it appears on the card (please print) _____

Signature: _____

Mail required documents, and appropriate payment to:

American Heart Association
Attn: HB Ambassadors
8918 W 21st N #248
Wichita, KS 67205

Email submissions due by May 1, 2023 to Heather.Smart@heart.org
with subject line "Heart Ball Ambassadors Application"



2023-2024 Heart Ball Ambassador Code & Mission Statement

Ambassadors will focus on all areas of the American Heart Association through volunteering, advocacy, heart-healthy lifestyles, and discovering how they can individually fight heart disease and stroke. Our goal is to empower these young leaders to make a positive change within their peer groups and in the community by embracing the mission of the American Heart Association.

- The American Heart Association stands for good personal health decisions and is against the use of tobacco products by minors. Ambassadors are expected to be free of tobacco when representing the American Heart Association at all functions of the Ambassador Program. Also prohibited is the use, sale, or possession of any illegal drugs.
- The 2024 Heart Ball event will provide alcohol to guests who are at or above the legal drinking age, 21 years. It is my responsibility as an Ambassador and representative of my school, family, and any sponsor to abide by the law and not consume any alcoholic beverages before, during, or after the Wichita Heart Ball events. It is also my responsibility to abide by this code and law for any Ambassador activity.

Any Ambassador in violation of any of the above statements will be automatically removed from the Ambassador program without a refund of the monies paid to the American Heart Association.

- If chosen to become a Heart Ball Ambassador, I pledge to attend at least half of the Ambassador activities and communicate 3 days in advance to local AHA staff when I am unable to attend (exceptions include illness, family emergencies etc.)

As the parent or legal guardian of the child named below ("Child"), I understand, consent and agree that:

In consideration of my Child being allowed to participate in the Heart Ball Ambassador Program ("Program"), my Child and I hereby expressly assume all risks, including personal injury and fatality, arising in any way out of my Child's participation and any related activities and services that may be offered as part of the Program.

I consent to and permit AHA to take and use video and voice recordings and photographs taken of me or my Child by or provided by me to the AHA for the purpose of promoting AHA's mission, its programs and activities ("Images"). "Use" includes publishing such Images for such purpose in any medium, including in social media and may include use of my image and likeness, my or my Child's voice only, or excerpts from any interview or presentation. I understand that such Images and the copyright therein shall be solely owned by AHA, and AHA shall have the right in perpetuity to sell, duplicate, reproduce, adapt, modify, create a derivative work from, and publicly display such Images without any attribution or compensation paid to me. The rights granted the AHA herein are perpetual and worldwide.

I agree, for myself, my Child, and our heirs, executors and administrators, to not sue and to release, indemnify and hold harmless AHA, its affiliates, officers, directors, volunteers and employees, from any and all liability, claims, demands, and causes of action whatsoever, arising out of my Child's participation in the Program and related activities, whether it results from the negligence of any of the above or from any other cause. This Agreement is as broad and inclusive as is permitted by the State in which the Program is conducted. If any portion of it is held invalid, the balance will continue in full force and effect.

I AM THE PARENT OR LEGAL GUARDIAN OF THE PARTICIPATING CHILD, AND I HEREBY CONSENT TO HIS/HER PARTICIPATION IN THE PROGRAM, AND RELATED ACTIVITIES. I HAVE READ AND UNDERSTAND THE CONTENT OF THIS RELEASE AND I HAVE EXPLAINED THE CONTENT OF THIS RELEASE TO MY CHILD, AND I HEREBY AGREE TO ALL OF ITS TERMS AND CONDITIONS.

Parent/Guardian's Signature & Date

Printed Name

Child's Printed Name