

# Prepare parents.

## *Saving a life is why.*



The transition for high-risk infants from the NICU to home is a critical time. It's important to provide families and caregivers with the training they'll need in case their infant has a respiratory or cardiac emergency at home.

The Infant CPR Anytime® Kit, with just 20 minutes of self-directed instruction, can help prepare families to confidently meet the needs of their infant in an emergency outside the hospital.

### Infant Choking Relief and CPR Training

As you know, parents of an infant who has been in the NICU receive intensive education as part of the discharge process. Because many infants treated in the NICU have had respiratory distress, heart problems, or infections, educating parents and caregivers in the lifesaving skills of infant choking relief and CPR is essential.

#### Infant CPR Anytime is used by hospitals nationwide as part of an effective discharge plan of care.

- The program teaches infant choking relief and infant CPR.
- The kit is portable, allowing families to easily share it with babysitters and other caregivers.
- Designed for self-directed learning, the kit comes with an instructional DVD and inflatable manikin.
- Each kit contains a convenient pocket-sized skills reminder card.

Your NICU provides 24/7 specialized care for at-risk infants. Together, we can ensure that after an infant leaves your care, the family is prepared to act swiftly and confidently should an emergency occur outside of the hospital doors.

#### Each CPR Anytime Infant Kit includes

- 1 bilingual (English/Spanish) CPR Anytime Infant DVD
- 1 Mini Baby® CPR personal manikin
- 1 bilingual (English/Spanish) CPR Anytime Infant skills reminder card
- 1 Mini Baby replacement lung
- 2 Manikin wipes
- Bilingual (English/Spanish) instructions for use



The American Heart Association staff would like to speak with you about customizing a CPR Anytime Infant program for your NICU as part of your discharge planning. To speak to a Community CPR Manager, please call 1-877-AHA-4CPR.

