

Your baby is why. Life is why.



Life After the NICU

Congratulations on the birth of your baby! The American Heart Association is thankful for the NICU teams who provide care around the clock to high-risk infants, like your special delivery. In fact, our Pediatric Advanced Life Support programs are used to train NICU teams nationwide in how to care for babies in respiratory or cardiac distress.

As a parent of an infant who has been in the NICU, you'll receive intensive education as part of the NICU discharge process. Because many babies treated in the NICU have had respiratory distress, heart problems, or infections, we believe that educating parents and caregivers in the lifesaving skills of infant choking relief and CPR is essential. Our Infant CPR Anytime® Kit prepares your family to confidently meet the needs of your infant in the case of a respiratory or cardiac emergency at home.

Empower Yourself in Just 20 Minutes

Adjusting to life after the NICU may be a bit overwhelming, but with proper preparation you'll be equipped with the knowledge to care for your little one. With CPR Anytime Infant, parents, families, caregivers, and friends can all learn lifesaving skills with just 20 minutes of self-directed instruction.

The Infant CPR Anytime Kit

- Teaches infant choking relief and infant CPR
- Is portable, allowing families to easily share it with babysitters and other caregivers
- Is designed for self-directed learning and comes with an instructional DVD and inflatable manikin
- Contains a pocket-sized skills reminder card for your convenience
- Is bilingual (English/Spanish)

After completing CPR Anytime Infant, you'll feel confident to respond if your infant chokes or becomes unresponsive. The power to save the most precious life of all, the life of your baby, is in your hands. Your baby is why.

Visit www.shopheart.org/cpr-anytime to learn more.

1-877-AHA-4CPR



EACH CPR ANYTIME INFANT KIT INCLUDES

- 1 bilingual (English/Spanish) CPR Anytime Infant DVD
- 1 Mini Baby® CPR personal manikin
- 1 bilingual (English/Spanish) CPR Anytime Infant skills reminder card
- 1 Mini Baby replacement lung
- 2 Manikin wipes
- Bilingual (English/Spanish) instructions for use