

# 2020 Impact Goal

# Progress

As of October 2020

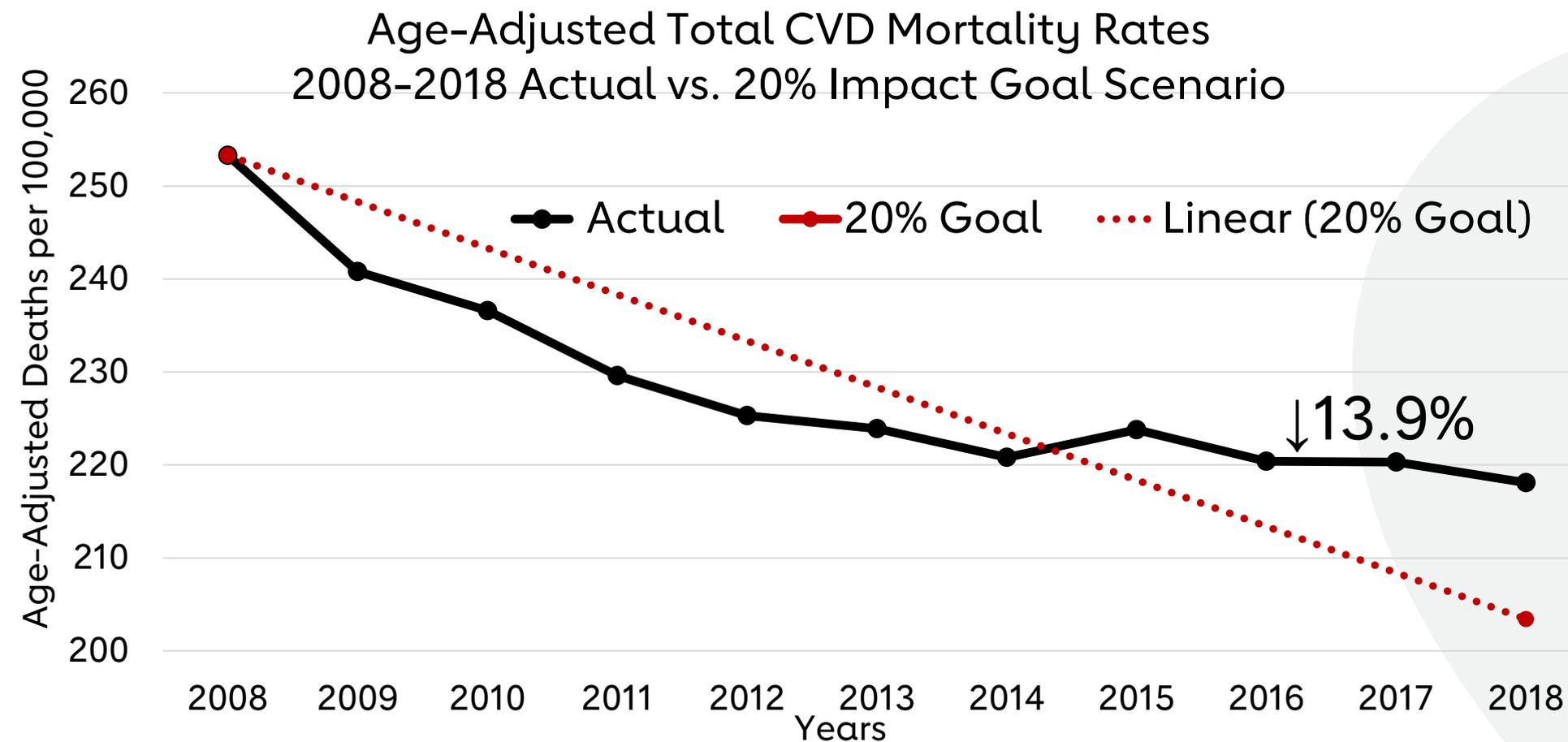


American  
Heart  
Association®



# 2020 Impact Goal Progress

BY 2020,	GOAL	PROGRESS*
to improve the cardiovascular health of all Americans	20%	3.82% <sup>a</sup>
while reducing deaths from cardiovascular diseases and stroke	20%	13.9% <sup>b</sup> CVD, 11.9% <sup>b</sup> Stroke

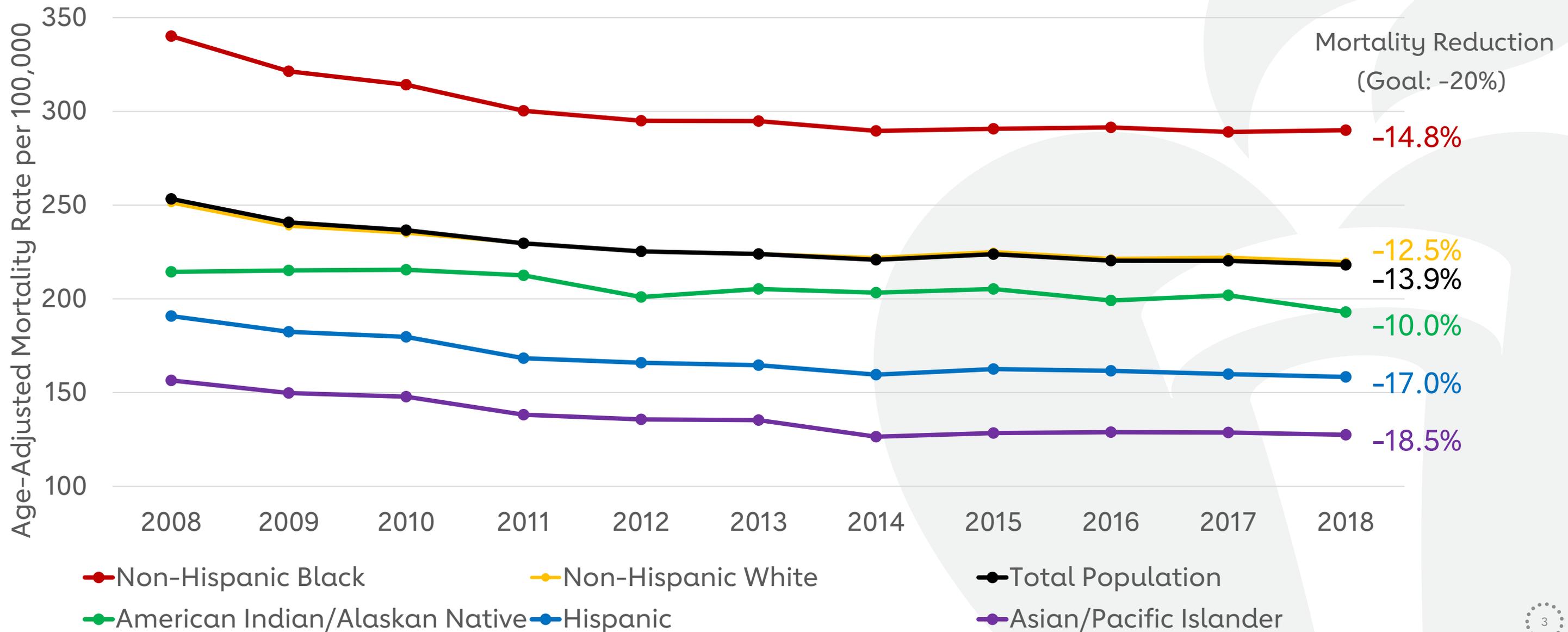


ADULTS YOUTH

- NOT SMOKING: ▲ ▲
- HEALTHY DIET: ▼ ▲
- PHYSICAL ACTIVITY: ▲ ▼
- HEALTHY BMI: ▼ ▼
- IMPROVED BLOOD PRESSURE: ▼ ▲
- HEALTHY CHOLESTEROL: ▲ ▼
- IMPROVED BLOOD GLUCOSE: ▲ ▲

# 2020 Goal Progress by Race/Ethnicity

Progress to 2020 Impact Goal by Race/Ethnicity  
Age-Adjusted Total CVD Mortality Rates



# 2020 Goal Progress by Race/Ethnicity

Progress to 2020 Stroke Mortality Goal by Race/Ethnicity

