

Sample Stroke Awareness Skit

KID #1 – stroke patient

KID # 2 – friend of stroke patient

EMT #1 – Emergency medical professional that arrives on scene

EMT #2 – Emergency medical professional that arrives on scene

DOCTOR – doctor at the hospital

The skit will start with KID #1 and KID #2 walking around, chatting about the holidays or vacation plans, etc.

KID #1 will suddenly have a slight loss of coordination, difficulty walking and stop for a moment, feeling and grabbing at one of her arms and hands.

KID #2: KID #1, is something wrong?"

KID #1: No, KID #2, I....I....," *KID #1 exhibits slurred speech signs of paralysis on one side of his/her body.*

KID #2: It looks like you may have symptoms of a stroke. We should call 911.

KID #1 waves KID #2 off with his/her good hand and shakes his/her head saying, "No, no, I'm okay...I just need to...rest..."

KID #2: I think something is very wrong, KID #1. I know about an easy test for stroke called FAST. Face, Arms, Speech and Time. If you can't pass this test, I'm calling an ambulance.

KID #1 shakes his/her head in agreement.

KID #2: Okay. FACE. Smile for me. Is your face drooping?

KID #1 smiles just fine

KID #2: ARMS. Try and lift up your arms

KID #1 can only lift one of her arms, the other lays limp

KID #2: Say 'The Sky is Blue'.

KID #1 slurs the sentence.

KID #2: Oh no, KID #1, I really think you are having a stroke or a TIA, which is a mini stroke. We need to get you help. It's time to call 911!

KID #2 uses a cell phone to call 9-1-1. Hello? Yes, my friend is having a stroke. His/her arm is numb, he/she can't speak and he/she has poor coordination. Please hurry, please help!

KID #2 sits KID #1 down and consoles him/her.

EMT #1 and ENT #2 arrive on scene with a medical bag.

EMT #1: Hi KID #1, my name is _____, and I'm here to take you to the hospital. It sounds like you were experiencing stroke like symptoms, so we're going to get you to the hospital FAST!

EMT #1 and EMT #2 will take KID #1 to DOCTOR at the "hospital." Make ambulance sounds if desired.

DOCTOR: *The doctor examines KID #1.* Well, KID # 1, you were lucky to have your friend by your side today to recognize the danger you were in and call 9-1-1. You experienced a stroke, also known as a brain attack. You were very lucky to get to the hospital for FAST treatment, and there's a good chance you will leave here today in good shape, with no major disabilities.

KID #1: Thanks, doctor. And thanks, friend, you saved my life today! I'm going to make sure everyone I know learns how to spot a stroke in someone they love and care about...and I'm going to tell them all about FAST!